

Testimonials

"I had reached a point in my professional life where I felt stuck in a rut and unable to move forward. Tiffany, through her warm, unpatronizing and positive style, helped me make some key decisions about how to turn things around, and most important, to identify the individual steps that would get me to where I wanted to be. It was liberating to finally move out of a period of stagnation. I've already experienced some of the positive changes that have come about as a result of those decisions."

Alan Gogbashian, President, Centre for Leadership Development

"The feedback I've received [from my Executive Team] has been very positive and there have been good discussions on the merits of Tiffany's coaching."

General Manager, Five Star Luxury Hotel, UK

"My experience working with Tiffany has been an awakening. In general, I found the coaching process to be very motivating and exciting. I've identified areas of counterproductive thinking that have been prohibiting me from realizing my full potential for living a happier and more fulfilling life personally and professionally. I've learned tools and have made goals that will help me stay on target with my objectives."

Jason Wright, VP and account manager, leading US financial institution

"Tiffany has helped me to recognize the gifts and qualities I have been given. She has encouraged me to use them courageously and boldly to live authentically and to step out in faith in many areas of my life."

Laura Ann, Associate Director of Alumni Relations, Texas Christian University

"When I started working with Tiffany I was at the crossroads and felt like my decisions career wise were too important to make them flippantly. She is helping me see life as an adventure where fears of failure are not that powerful any more. I've been able to focus on my strengths and to be proactive about my career. Coaching with Tiffany is like a fresh breeze in my sail."

Yulia Zhmurko, Kyiv, Ukraine

"Tiffany helped me see in myself something hidden that had been blocking forward movement with my career and dreams. For years I had been stuck, but because of her insightful guidance, I have been moving forward successfully. I am so grateful for her tremendous gift!"

L.W., Editor, Random House Publishing

"Always a dreamer, I have been called an optimist with her head in the clouds. For years I fought against the stigma of irresponsibility, secretly hiding it or trying to push it away - and always failing. I have been amazed at how Tiffany's attuned ear and grounded insights have changed my perspective of both myself and the world around me: I have learned to see those inescapable facets of my character as qualities that make me uniquely me, and which can be harnessed for my own success. And perhaps more importantly, I have learned that our dreams are NOT frivolous; we are only in need of someone to clear the way for us to see their true potential."

Diana Smith, Communications Specialist, USA

"Thought provoking, inspiring and empowering. Tiffany has a wonderful ability to ask probing questions, which helped me identify what energizes me and revealed areas of my life that are presently less than fulfilling. Through this awareness she has given me a starting point and strategy to begin making changes."

K.S., Children's Educator

"I was a little skeptical about the merits of coaching before I started, but I found working with Tiffany very helpful. Through Tiffany's intelligent and sensitive questioning we together identified the goals I wanted to achieve and Tiffany suggested specific plans of action that would help me realize them. As well as Tiffany's insightful questioning I found the visualization techniques she used helpful, and appreciated Tiffany's warm humor and not letting me off the hook when it came to agreeing the steps that needed to be taken.

Tiffany is a coach in the true sense of the word : coming alongside, taking a real interest in development, encouraging and also challenging you when needed.

Motivation for change has to come from within. Obviously no coach can — nor should attempt to — live your life for you! I would recommend Tiffany's coaching and partnership as a valuable resource in helping to identify your particular goals and to effect change."

Penelope Evans, Lawyer

